



CURRICULAM VITAE

Dr Boban Joseph [MSW., MPhil & PhD-NIMHANS(INI)]

Assistant Professor

School of Behavioural Sciences, PD Hills PO

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Professional Summary

Like many philanthropic social work professionals, I am a dedicated professional in the field of social work, with a focus on outcome-based education (OBE), inclusive pedagogy, and mentoring. With a strong background in research, clinical skills in mental health, and psychosocial engagement, I advocate for the rights and empowerment of individuals with disabilities, while fostering holistic care and support that promotes their overall growth. My work connects theory and practice to build resilient communities and inclusive societies. I am committed to collaborative innovation and research, enhancing departmental/institutional/societal progress through strategic planning and advocacy aligned with national and global development goals.

Key interest areas: Mental health, Psychosocial Aspects, Children with Disabilities, Disability, Rehabilitation, Counselling, Psychotherapies, Human Behaviour, and Social Work.

Education

Sl. No.	Details of the Program	Institution
1.	BA (History)	CMS College, Kottayam, Kerala.
2.	MSW (Medical and Psychiatric Social Work) [Thesis-Anxiety related to bereavement]	Bharathidasan University, Tiruchirappalli, Tamil Nadu.
3.	MPhil (Psychiatric Social Work) [Thesis: Cohesion and communication among families of persons with schizophrenia and mood disorders]	NIMHANS-INI [National Importance]

4.	PhD [Thesis-Enhancing insight among persons with first episode schizophrenia]	NIMHANS-INI [National Importance]
5.	PDF (Ongoing)-Chief Ministers Navakerala Post Doctoral Fellowship (CMNPF),	Higher Education Department, KSHEC, Govt. of Kerala.

Qualifying Examinations

Sl. No.	Qualifying Exam	Test Conducted by
1.	State Eligibility Test (social work)	LBS Centre for Science and Technology, under the Government of Kerala.
2.	National Eligibility Test (social work)	NTA on Behalf of UGC.

Professional Experience

Sl. No.	In Social Work	Institution
1.	Residential Social Worker.	Sanjeevani Rehabilitation Centre, Nedumkunnamp, Kottayam, Kerala.
2.	Social Worker-learning disability project at schools.	Funded by WHO-SEARO to Peejay's Polyclinic, Ernakulam.
3.	Watershed Team Leader.	Hariyali Project, LSGD, Government of Kerala.
4.	Psychiatric Social Worker.	Santhula Trust Hospital & Centre for Neuropsychiatric Research, Ernakulam, Kerala.
5.	MPhil Trainee.	Dept of Psychiatric Social Work, NIMHANS, National Importance (INI), Bengaluru, Karnataka, India.
6.	Junior Research Fellow.	Department of Biotechnology, Govt of India-funded project to the Translational Research in Psychiatry laboratory, NIMHANS (INI), Bengaluru, Karnataka, India.
7.	Junior Research Fellow.	Department of Clinical Psychology, NIMHANS (INI), Bengaluru, Karnataka, India.
8.	Psychiatric Social Worker.	Department of Psychiatry, NIMHANS (INI), Bengaluru, Karnataka, India.
9.	Assistant Professor (Contract). (MSW&BSW)	Marian College, Kuttikkanam (Autonomous), Peermade, Idukki, Kerala.
10.	Guest Faculty in MASWDSA.	School of Behavioural Sciences, M.G. University, Kottayam, Kerala.
11.	Counsellor & Psychotherapist.	Lifecare Counselling Centre, Kottayam, Kerala.
12.	Assistant Professor (Contract).	Inter-University Centre for Disability Studies-IUCDS, M.G. University, Kottayam, Kerala.
13.	CMNPF	Inter-University Centre for Disability Studies-IUCDS, M.G. University, Kottayam, Kerala.

14.	Assistant Professor	School of Behavioural Sciences, M.G. University, Kottayam, Kerala.
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Research and Publications

Sl. No.	Title of the Article	Journal/Book/Edited Book/Conference
1.	Spirituality and Social Work: An Indigenous Perspective.	Journal of Applied Consciousness Studies (JACS).
2.	Challenges of Sanitation Workers During COVID-19: A Qualitative Study from Kollam Municipal Corporation Area, Kerala, India.	Perspectives in Social Work.
3.	Handbook of Psychosocial Rehabilitation.	ISBN: 978-1-68576-365-7 IIP Publishers.
4.	Training Manual on Information and Communication Technology for Persons with Visual Impairment.	ISBN: 978-1-68576-381-7 IIP Publishers.
5.	Handbook of Sensory Impairments.	ISBN: 978-1-68576-383-1 IIP Publishers.
6.	OBE- A Start Over.	In book: Outcome-Based Education (OBE)- Experiments of a higher education Institution. ISBN: 978-93-90759-17-0 Publisher: WinCo Books.
7.	Emotion Processing Deficit in Euthymic Bipolar Disorder: A Potential Endophenotype.	Indian Journal of Psychological Medicine.
8.	Augmented Insight and Perceived Expressed Emotion in First Episode Schizophrenia.	Malaysian Journal of Psychiatry.
9.	Anti-saccade task performance in obsessive-compulsive disorder and its clinical correlates.	Asian Journal of Psychiatry.
10.	Adverse childhood experiences in families with multiple members diagnosed with psychiatric illnesses.	Australian & New Zealand Journal of Psychiatry.
11.	Leukocyte mitochondrial DNA copy number in schizophrenia.	Asian Journal of Psychiatry.
12.	Book Review: Tribal Education – by Dr Sunita Acharya.	Teresian Journal of Community Research.
13.	Influence of demographic profile and symptoms on insight among people with schizophrenia.	Indian Journal of Psychiatric Social Work.
14.	Psychosocial perspectives of sexual violence by men on	BCM-Educere Journal of Social Work.

	women and social work implications: A review.	
15.	Caregiver-assisted home-based cognitive remediation for individuals diagnosed with schizophrenia: A pilot study.	Asian Journal of Psychiatry.
16.	T199. Leukocyte Mitochondrial DNA Copy Number in Schizophrenia.	Biological Psychiatry.
17.	A Comment on "Perceptions of Accredited Social Health Activists on Depression: A Qualitative Study from Karnataka, India"	Indian Journal of Psychological Medicine.
18.	"The scope of parental awareness and mediated training of their children with Autism Spectrum Disorders in India."	Asian Journal of Psychiatry.
19.	Primary caregivers perceived stress, social support and expressed emotion while caring for persons with first episode psychosis.	Asian Journal of Psychiatry.
20.	Short-term effects of brief need-based psychoeducation on knowledge, self-stigma, and burden among siblings of persons with schizophrenia: A prospective controlled trial.	Asian Journal of Psychiatry.
21.	The "EMIC" and "ETIC" Models: Two equally important insight assessments in psychosis.	Indian Journal of Psychological Medicine.
22.	A Systematic Narrative Synthesis of Psychosocial Interventions to Enhance Insight in Schizophrenia.	Malaysian Journal of Psychiatry.
23.	Assessing the Needs of Siblings of Persons with Schizophrenia: A Qualitative Study from India.	Asian Journal of Psychiatry.
24.	Serum vitamin D and hippocampal grey matter volume in schizophrenia.	Psychiatry Research and Neuroimaging.
25.	Insight into Schizophrenia: Relationship to Positive, Negative and Neurocognitive Dimensions	Indian Journal of Psychological Medicine.
26.	Clinical profile of antipsychotic-naïve schizophrenia in India: a report on a 15-year cohort.	Early Intervention in Psychiatry (9 th International Conference Proceedings)
27.	Endophenotype status and clinical correlates of the semantic fluency task in schizophrenia.	Early Intervention in Psychiatry (9 th International Conference Proceedings)

28.	T216 Association of Vitamin-D with Hippocampal Grey Matter Volume In Antipsychotic Schizophrenia Patients.	Poster (4th Biennial Schizophrenia International Research Conference Proceedings).
29.	Insight: A genuine factor for improvement in persons with psychosis.	IOSR Journal of Humanities and Social Science.
30.	Relationship between prefrontal cortex deficits and Antisaccade Errors in Antipsychotic-naive Schizophrenia.	17th European Conference on Eye Movements (Conference Proceedings)

Skills

- Counselling, Psychotherapy(various), Case History (psychiatric Workup), Case Work, Group Work, Mentoring, Research, Extension/Outreach, Field Supervision, Forming multiple support groups for persons with disabilities and caregivers.

Registrations & Professional Memberships

- Registered Mental Health Professional with the Kerala State Mental Health Authority (KSMHA), as per the registry of Mental Health Care Act, 2017.
- Registered member of the Indian Society of Professional Social Workers (ISPSW) (LM-510).

Board of Studies

- Former Board of Studies Member, MSW&BSW Program at Marian College, Kuttikkanam, (Autonomous) Peermade, Idukki, Kerala.
- Former guest member at the Board of Studies (BoS) of MA-Social Work in Disability Studies and Action (RCI-approved program) at the School of Behavioural Sciences, M.G. University, Kottayam, Kerala.
- Former Board of Studies Member in the MSW program of the Inter University Centre for Disability Studies-IUCDS, M.G. University, Kottayam, Kerala.

Field Work Viva-voce Examiner

- Served as the external examiner in field work Viva-Voce in the MA-Social Work in Disability Studies and Action (RCI-approved program) at the School of Behavioural Sciences.
- Served as the internal examiner in field work, Viva-Voce in the MSW program at IUCDS, M.G. University, Kottayam, Kerala.

Project

Completed a RUSA-funded project on “Good touch and Bad touch” among primary School children in Peermade, Idukki district, Kerala.

Other

Conducted several awareness classes on mental health-related topics to various populations: adolescents, school children, NCC cadets, school teachers, and caregivers of children with autism.

Declaration

I hereby declare that the above information is true and correct to the best of my knowledge and belief. I am confident that my skills, experience, and commitment will enable me to make meaningful contributions to the institution, its service users, and the broader public.

Dr.Boban Joseph

Place: PD Hills
